

School Calendar

April 3 Spring Festival 11:00
Noon dismissal

April 6-13 Spring Break

April 14 Classes resume

April 15 Facilities meeting 7:30pm

April 16 Finance Committee 7pm

April 18 Spring Fling 7-10pm
Good Energy Raffle Drawing 9pm

April 23 Grade 6 Parent Eve 7pm
Executive Meeting 7pm

April 24 Kindergarten morning 10-12:45
Information meeting 4-5pm

April 24 Spring Concert Grades 4-8 7pm

FRIDAY ASSEMBLY for 3/13

Spring Festival 11:00 am
Each class will participate.
Come celebrate spring with us!

News from the Office:

The School Office will be closed during Spring Break, from April 6 through April 13.

Summer program information from the Viroqua Parks and Recreation department is now in the blue cupboard next to the parent mailboxes.

Join us for the Spring Fling Celebration

Saturday April 18 from 7-10pm

Open mic from 8-9pm

Good Energy Raffle Drawing at 9pm

This is an adults-only, free, event for parents and friends of the school to celebrate our largest fundraising achievement of the year! Sign up with Jean Westerhoff if you are interested in performing at the open mic. The Youth Initiative High School students will be offering child care. More details to come.....

Spring Music Concert – Friday April 24 at 7pm grades 4-8

At the Good Shepherd Church – 504 Main Street, Viroqua

Concert dress: White shirts/blouses and dark bottoms pants/skirts. No jeans.

Final rehearsal: Friday morning, April 24th, 8:20 a.m. students in grades 4-8 should be dropped off with their instruments at Good Shepherd Church instead of at school. If you cannot drop off your child at Good Shepherd, please let his/her teacher know, and we will arrange for transportation to the church. If you have questions, please contact Monika Sutherland at 637-3239 or monika@yellowcello.com

Raffle News:

18 DAYS LEFT!!! Okay folks, there are 18 days left until the Good Energy Raffle Winner is announced. Are you still holding some tickets? Wondering what to do?

1. Sales Opportunities -

Village Market - we will have a table set up at Village Market this Saturday and next Saturday. Sign up in the lobby.

Indoor Farmers Market - you can still go to the Indoor Farmers Market to sell your tickets. Sign up in the lobby.

2. Outreach to Your Friends and Family - Cynthia Olmstead has put together a great email that has beautiful pictures of the art that has been donated for one of the second prizes. Send that email around as a reminder to those friends and family that did not respond the first time. Everyone is busy and happy for the reminder.

3. Posters - Missy Hughes has posters that can be distributed to scrip vendors. Each delivery is an opportunity for a conversation about supporting PRWS.

Have you asked people? Do you have tickets in your pocket? Remember, this is the biggest fundraiser of the year, and critical to PRWS' bottom line. Please turn in your tickets as you sell them, as it is hard to process all the tickets at the

Please join us for the Pleasant Ridge Waldorf School's

2nd Annual Student Concert
Choral and orchestral ensemble music
Performed by grades 4-8
Friday, April 24th at 7:00 p.m.
Monika Sutherland, *Director*
& Kristina Gullion, *Violin Teacher*
Good Shepard Lutheran Church
504 S. Main Street, Viroqua, WI

Presentation and Reception to follow in the basement of the church:

“The Importance of Music For The Developing Brain And The Aging Brain” by Elizabeth Cifani
Principal Harpist, Lyric Opera of Chicago,
Professor of Harp, Northwestern University,
Evanston, IL

In addition to her role as an educator, Ms. Cifani is active as a soloist, chamber musician and recording studio musician in classical and folk styles. She is a passionate and well informed speaker. This is an event you will not want to miss.

Desserts & Beverages Served

Please RSVP at 608.637.7828 or email
info@pleasantridgewaldorf.org

last minute.

Thanks to everyone for their hard work in making this successful! ---Missy Hughes

RAFFLE REMINDERS:

1. Please attach stub to corresponding payment
2. Please don't forget to fill in the "sold by" portion of the ticket
3. Please no staples
4. Please check your mailboxes for replacement tickets if you are taking advantage of the 3/50 deal.
5. Please don't wait until the last minute to turn in tickets....bring them to the office as they are sold.
6. Please don't hesitate to call me or email me if you have questions about your raffle sales.
7. Please remember to get credit for any paypal sales...if your people are buying from our website..please **email** me their names and I'll watch for the sales to come through and be sure to credit the sale to you.

Thank you to everyone--Erika Hodapp (637-6934 or fancyluna11@hotmail.com)

PS: Does anyone know Jeanne Foster?? If you are responsible for selling her a 3/50 deal, please let me know!

News from the Library:

Thank you, Anonymous Person, for donating, last week, a beautiful book about the voyages of Columbus. I found it on my desk without a note, so I assumed it was to be donated to the library. However, another scenario could have been that someone accidentally left the book while returning library books. A favor I'd like to ask is that when you donate a book, please leave a note with it, so I don't mistakenly assume it's for the library and proceed with cataloging. If that happened, you might not be happy.

Coming up soon will be our annual Book Sale to benefit the library. Barbara Peterson and Anne-Marie Fryer have donated books related to Waldorf education to be sold. All types of books are welcome for the sale and they may be dropped off in the office.

Do you have a stash of pennies? We're collecting for Greg Mortenson's *Pennies for Peace* to help children in Pakistan who need school supplies. Drop them in the (humongous) jar in the library, or the office, or your child's classroom. Thank you, all! Ms. Tip

News from Development:

NEEDED: The development office needs a sturdy 2 drawer filing cabinet--please call or email Cynthia at 637-8504 or cynthia@pleasantridgewaldorf.org if you have one available--Thank you!

From Long Range Planning As a support to our efforts to create a stream of business income for the school, we offer this opportunity to learn about The Natural Step, a development strategy from Sweden, which promotes many of the values that PRVS stands for. This group will meet for 8 weeks to go through the 18 chapters of the book, and will be led by Jim Poehling, a person trained to be a facilitator of this model. At this point there are two discussion groups that begin on Wednesday, April 15th from 7 – 8:30 pm or Saturday, April 18th, from 10 – 11:30 am. The size of the groups should be about 6-9 people; please choose one to stay with.

The first week, we will go over the first four chapters of the book, consisting of 31 pages of reading from the book is "[The Natural Step for Communities](#)" by Sarah James and Torbjorn Lahti, published by New Society Publishers, copyright 2004. ISBN:0-86571-491-6.

The chapters are:

1. Introducing and Using the Natural Step Framework
2. Sustainability: The Trouble we have talking about it
3. The Natural Step Approach: Why is it useful?
4. The Eco-municipalities of Sweden: A little Background

Please call or email me if you are interested. We need to know how many will show up; I will be in touch with Jim. Thanks. Mary Christenson

Community News:

Administrative job needed so son can attend YIHS. Professional manner, detail-oriented, self-motivated currently at physical therapist and chiropractor office. Know Excel, MS word, WordPerfect, Access, Medisoft, EZ Biz and Publisher. Loves to smile on a daily basis. J Contact: Jody Pogorzelski at jodypogo@yahoo.com cell: (262) 215-2286.

Found 3/31/09: Little girls eye-glasses. Purple frames with purple bows found outside the Flower Basket. They are being held there. Come and claim if yours!

VOLUNTEERS NEEDED The Vernon County Chapter of Habitat for Humanity's mission is to build decent, affordable homes for families in need. The chapter plans to build its fourth home this summer at 415 Coon Prairie Avenue, Westby, Wisconsin. The non-profit group invites all to its ground breaking ceremony on Saturday, April 18 at 11 a.m. at the site of the home. Volunteers of all skill levels are needed to help during each stage of construction. To volunteer come to the groundbreaking on Saturday, April 18 or contact Penny Lindstrom, volunteer coordinator at plpr@frontiernet.net.

Please join Kathryn and Keith Ashley-Wright in welcoming their new baby girl, Stella Rose, born on March 19. Both parents are alumni of Pleasant Ridge and YIHS, isn't that fun? If you are **interested in helping with a meal**, why not consider lunch for the new mom when she returns to Ewetopia in a couple of weeks? Contact Lisa Ashley at Ewetopia 637-3443 or 632-0482 if you'd like to help.

Wanted: Kayak- recreational type, prefer 12-13 feet Brian 637-3733

Need a House sitter? We are two reliable college students home for the summer and looking for additional income around the LaFarge/Viroqua area. We have: Previous house sitting experience, available references, our own transportation, negotiable prices, and we will take care of your pets or farm animals. If interested, call Emily Colacino and Fran Knapp for more information or references-320.287.2644

Camphill Soltane, located in southeast PA, is looking for people with an interest in home-making to join our community. We are rooted in the anthroposophical tradition, serving the ongoing educational, social, and emotional needs of young adults with disabilities. Please contact Anne-Marie at coworker@camphillsoltane.org, or at 610-469-0933, for more information.

***Viroqua Community Bike Ride* on Saturday, May 2nd.** The ride starts at 10 a.m. with same-day registration at 9 a.m., beginning at Bluedog Cycle and ending there. The ride will be a 6-mile circle around Viroqua. All ages welcome; children under 10 must be accompanied by an adult. Bike helmets are recommended. Pre-register by April 11th at Viroqua Area Schools, Bluedog Cycle or the VMH Wellness Center. For more information, flyers are located in the blue cupboard at PRWS.

Wednesday, April 8th at the Viroqua Food Coop is the day to shop to benefit the Kickapoo/Guatemala Accompaniment Project. K/GAP appreciates your support in the continuing struggle to defend human rights in Guatemala. Thank you!

Childcare needed on Friday mornings 8am to 11am April 24th, May 1st, and May 8th. Delightful baby! If interested, please call Vicki at 637-6858

Learn more about **reiki healing** by attending the third annual Reiki Open House at Chrysalis Farm with Marcia Halligan of *Returning Home*, **Reiki Treatments and Classes on Saturday, April 18th from 2-5 p.m.** Experience samplings of reiki energy and meet others interested in wholeness and healing. For more information call (608) 637-2079.

The Kickapoo Valley Reserve is offering a new series of Summer Adventure Day Camps for Youth. You'll find hands-on activities, and outdoor adventure, guided by our caring naturalists who help your child foster positive connections with nature. Programs for youth **ages 2 years - twelfth grade.** More information and registration are available on the Reserve's website: <http://kvr.state.wi.us> The Pleasant Ridge School office also has brochures. Feel free to contact us for more information. 608-625-2960 kickapoo.reserve@krm.state.wi.us Register early, camps fill quickly.

If Easter Worship is part of your Spring-break plan, You are welcome to join us for worship at **Good Shepherd.** **Easter worships are: Sunrise Worship at 6:30 and traditional communion worship at 8:30 and 11:00.** Easter breakfast in the Fellowship Hall from 7:15-8:30.

Spring is in the air! Need to get out of those four walls on a fabulous road trip but don't know what to do with your furry friends? Well, leave them home! **All Creatures Animal Care** takes the finest care of our precious pets and hobby farm animals, in their own habitat where they are most happy. **Call Beth at 637-6937 today!**

Kroka Expeditions is offering 23 exciting **summer programs for ages 6- 18 in Marlow, NH.** One and two-week sessions focus on **wilderness adventure, community living, farming and the practice of traditional and indigenous skills.** Waldorf students from around the country come to Kroka each summer! Sliding scale tuition and financial aid is available. For more information, call (603)835-9087 or email summer@kroka.org

Children's art easel with wooden frame, chalk board, dry-erase board, and paper roll for sale--\$15.00, contact Daphne Kingsley @ 629-6009.

Prairie Roots Farm has **grass-fed beef available** from our heritage herd of Milking Devon cattle. Roasts, steaks, ground beef, ribs, soup bones, organ meats. Please call for a price list. Daphne Kingsley @ 629-6009.

For Sale; NEW Kelty Trekker 3600 Backpack - \$75, NEW Polar HMR 45 240V sauna heater - \$175, Evinrude 18 HP motor - \$175, antique stain glass door - \$150, Wurlitzer upright piano, Kitchenaid Ultra Power Plus mixer (white) - \$100, and antique library table - \$60. Andrea Lundebrek 637-8245

Wanted to buy or borrow a baby changing table and small dresser. Call Kristina Gullion at 629-5979

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in Lauren Hunt's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to Lori Dehlin at lolid2@frontiernet.net with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am.

There may be occasions, due to unforeseen circumstances or space constrictions; that the Community section will not be printed.

Thank you!



PLEASANT RIDGE
WALDORF SCHOOL

CELEBRATING LOCAL COMMUNITY!
FIFTH ANNUAL **GOOD ENERGY RAFFLE**

PRIZE: Collection of Local Art

Featuring 4 PRWS Parents & 1 Teacher



Bamboo Cutting Board

By Kelsey Sauber Olds

4 Piece Pottery Set

By Maureen Karlstad

Peepwool Sculpture

By Amy Arnold



Felted Mask

By Rain Hays



8 x 10 Matte Water Color Painting

By Diane Splinter